

**Physical Therapist Assistant Program Clinical Skills Checklist Form**

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| **SKILL** | **COURSE #** | **INSTRUCTOR INITIALS** | | **DATE COMPLETED** |
| **\*\*CRITICAL SAFETY ELEMENTS** |  |  | |  |
| **Hand washing technique** | **\*\**Critical Safety Elements may be included in multiple skills checks. Therefore, within each skills check the applicable safety elements will be indicated on the skills check rubric.***  ***The date will indicate the initial successful skills check that included the skill indicated.*** |  | |  |
| **Precaution levels** |  | |  |
| **PPE** |  | |  |
| **Sterile techniques** |  | |  |
| **Skin integrity** |  | |  |
| **Gait belt** |  | |  |
| **Proper body mechanics** |  | |  |
| **Emergency response / 911**  **Initiate CPR / BLS** (2255/2287) |  | |  |
| **Patient draping** |  | |  |
| **Patient guarding** |  | |  |
| **Wheelchair safety** |  | |  |
| **Weight bearing status** |  | |  |
| ***+Course(s) listed indicate courses the skill is primarily taught and tested.*** | | | | |
| **SKILL** | **+COURSE #** | **INSTRUCTOR INITIALS** | | **DATE COMPLETED** |
| **DATA COLLECTION** |  |  | |  |
| **Anthropometric measurements** | **PHT 1130** |  | |  |
| **Determine orientation level** | **PHT 1130** |  | |  |
| **Determine arousal level** | **PHT 1200** |  | |  |
| **Measure for AD** | **PHT 1200** |  | |  |
| **Measure for adaptive device**. | **PHT 1200** |  | |  |
| **W/C assessment** | **PHT 1200** |  | |  |
| **Wound assessment** | **PHT 2287** |  | |  |
| **Pain assessment** | **PHT 1200** |  | |  |
| **Range of motion** | **PHT 1130** |  | |  |
| **Manual muscle test** | **PHT 1130** |  | |  |
| **Sensory testing** | **PHT 2131** |  | |  |
| **Vital signs** | **PHT 1200** |  | |  |
| **Posture analysis** | **PHT 1130** |  | |  |
| **Gait analysis** | **PHT 1130** |  | |  |
| **Balance testing** | **PHT 2255** |  | |  |
| **SKILL** | **COURSE #** | **INSTRUCTOR INITIALS** | **DATE COMPLETED** | |
| **INTERVENTIONS** |  |  |  | |
| **Cryotherapy** | **PHT 2256** |  |  | |
| **Thermotherapy** | **PHT 2256** |  |  | |
| **Electrical stimulation** | **PHT 2256** |  |  | |
| **Ultrasound** | **PHT 2256** |  |  | |
| **Manual therapy** | **PHT 2256** |  |  | |
| **Traction** | **PHT 2256** |  |  | |
| **Laser** | **PHT 2256** |  |  | |
| **Biofeedback** | **PHT 2255** |  |  | |
| **Hydrotherapy** | **PHT 2256** |  |  | |
| **Edema management** | **PHT 2287** |  |  | |
| **Patient education** (including HEP) | **PHT 1231** |  |  | |
| **Gait training** | **PHT 1200** |  |  | |
| **Stair training** | **PHT 1200** |  |  | |
| **Transfers** | **PHT 1200** |  |  | |
| **Levels of assistance** | **PHT 1200** |  |  | |
| **Bed mobility** | **PHT 1200** |  |  | |
| **Positioning** | **PHT 1200** |  |  | |
| **Range of motion** | **PHT 1200** |  |  | |
| **Therapeutic exercise** | **PHT 1231** |  |  | |
| **Neuromuscular rehab** | **PHT 2255** |  |  | |
| **Cardiopulmonary Rehab** | **PHT 2287** |  |  | |
| **Documentation** | **PHT 1130** |  |  | |